

Counseling Professional Disclosure Statement

Jeff Brockman, M.A., LPCA

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Dear client,

My name is Jeff Brockman, and I would like to thank you for choosing me to be your counselor. Please feel free to call me Jeff. Please read the following and, if you have any questions afterward, I will be glad to answer them for you. Once you are clear on the information, I would like you to initial the first page and sign the bottom of the second page. This will signify an understanding of our therapeutic relationship.

My Qualifications

I have received my undergraduate degree from The College of William and Mary--a Bachelor of Business Administration in Accounting. I also have received a Master of Arts degree in Clinical Mental Health Counseling from Lenoir-Rhyne University, a CACREP accredited university. I am a licensed Professional Counselor Associate (#A13433) in the state of North Carolina. I also have a Master of Divinity degree and a Ph.D. in Theology and Personality from the Claremont School of Theology.

I have completed a total of 600 hours of supervised counseling as a counselor intern from January 2017 through August 2017 at Biddle Point Family Medicine. At Biddle Point, I worked with male and female clients on various topics that included depression, anxiety, loss, relational issues, and parenting issues. I worked with both individuals and couples. For my practicum, I facilitated group therapy for family violence offenders.

Licensure

As an LPCA, the state of North Carolina mandates me to be supervised by a counselor with more experience and higher qualifications and who is bound by the same strict rules of confidentiality that I am. My supervisor is Lily Mudry, LPC-S, LCAS, CCS. Due to the supervision, keep in mind, I may discuss your case with Ms. Mudry.

Counseling Background

As a counselor I see individuals, couples, and families. I work with persons age six through adulthood. My primary theoretical orientation is Person-centered Therapy, but I also use a variety of other theories such as Gestalt, Motivational Interviewing, existentialism, and family system theories. All techniques and theories are applied when appropriate and are different based on each client's needs. I work with a variety of issues with each client including, but not limited to, school/behavior issues, depression/anxiety, grief, and theological issues and

conflicts. Better outcomes result when the client is contributing to their therapy by being honest and working both inside and outside of the sessions. We will make and work on goals. I may ask you to attempt homework that is given to enhance your counseling experience and future counseling sessions.

Session Fees and Length

The initial session will be approximately 80 minutes. Each following session will be 50 minutes. The sessions are less than 60 minutes so that I can use the bathroom and/or return client phone calls. The fees due at time of service will be \$115 for an initial appointment and \$95 for each subsequent session. Payment will be accepted in form of cash, check, or credit card. Flex spending or health savings accounts are also accepted.

It is expected that your session will begin at appointment time. If a session begins after this time due to late arrival, the session will not be extended but end at scheduled time. Unless an emergency arises, I require a 24 hour notice of cancelation. If this requirement is not met, there will be a fee of \$25.

In addition to weekly appointments, it is my practice to charge this amount on a prorated basis (I will break down the hourly cost) for other professional services that you may require such as report writing, telephone conversations that last longer than 2 minutes, attendance at meetings or consultations which you have requested, or the time required to perform any other service which you may request of me.

Use of Diagnosis/Insurance

Counseling services may be covered in full or in part by your health insurance or employee benefit plan. Please check your coverage carefully to see if you have mental health coverage, what the deductibles are, and how many sessions of counseling are covered.

Most insurance companies will require a diagnosis of a mental-health condition and indicate that you must have an "illness" before they will agree to reimburse you. Some conditions for which people seek counseling do not qualify for reimbursement. If a qualifying diagnosis is appropriate in your case, I will inform you of the diagnosis before we submit the diagnosis to the health insurance company. Any diagnosis made will become part of your permanent insurance records. This only applies if you want to submit for out of pocket reimbursement for counseling session.

Confidentiality

All of our communication becomes part of the clinical record, which is accessible to you upon request. I will keep confidential anything you say as part of our counseling relationship, with the following exceptions: (a) you direct me in writing to disclose information to someone else, (b) it is determined you are a danger to yourself or others (including child or elder abuse), or (c) I am ordered by a court to disclose information.

Complaints

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with the organization listed below should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/CodeOfEthics/TP/Home/CT2.aspx>).

North Carolina Board of Licensed Professional Counselors

PO Box 77819

Greensboro, NC 27417

Phone: 844.622.3572 Fax: 336.217.9450

<http://www.ncblpc.org>

Acceptance of Terms

We understand that we are making an informed consent for treatment and agree to these terms and will abide by these guidelines.

Client: _____ Date: _____

Counselor: _____ Date: _____